

San Diego Food Finds Blog

Decadent San Diego Desserts

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Grapefruit Panna Cotta at Bracero

Life is short, so why not sweeten it? It's the sweet things that make it worth living, like treating yourself to a dessert you deserve. So, let that sweet tooth loose, relax and enjoy San Diego's best desserts.

By focusing on an "open kitchen" approach, [Bracero Cocina de Raiz](#) seems more like a family gathering than a night out. They're almost as passionate about the food as they are the people; they craft each and every dish with the utmost care and attention. And when it comes to desserts, their **Grapefruit Panna Cotta** is their passion project. Featuring a panna cotta served alongside

passion fruit sorbet, topped off with sweet coconut foam and peanut praline, it's sure to titillate your taste buds.

Nestled away in Escondido is [Bellamy's Restaurant](#), a place where you can enjoy the finer things in life. Here, they complement their world class cuisine with world class confection, as can be seen in their **Tiramisu**. House made lady fingers soaked in coffee, whipped filling topped with semi-sweet chocolate shavings is sure to turn anybody's day around.

If you're in the mood for something a little more rustic, Gaslamp's famous [barleymash](#) will take you back to your childhood. Their **Grilled S'mores Sandwich** has withstood trial by fire; toasted cinnamon-infused bread, gooey bourbon chocolate ganache and vanilla bean marshmallow served with cinnamon crunch ice cream and graham cracker cookies are more than enough to satisfy your sweet tooth. Campfire s'mores must grow up too.

If French cuisine is the gold standard, then [Ponsaty's](#) in Rancho Santa Fe must set the bar pretty high. With French Master Chef Patrick Ponsaty at the helm, every dish is guaranteed to be to die for. But when it comes to desserts, Chef Bruno Albouze is a master. Their **Golden Delicious Apple Tart Tatin** takes the cake. A sable breton butter cookie crust holds the caramelized golden delicious apples together so that each bite takes you into saccharine splendor.

It doesn't have to be foreign to be delicious; if America knows how to do one thing, it's to be indulgent. [WESTROOT tavern's](#) **Root Cake** is just that. Scratch made carrot cake, parsnips, fresh ginger, candied carrots with beat cream cheese frosting, this pleasurable cake is the instant gratification you crave.